



READING



MATH



SCIENCE

Draw place value blocks to show 3 different ways to make the number 452. (square = hundred; line = ten, dot = one)

Write 452 in word form.

Find a small collection of objects. Use the objects to solve the following problem: *Julie made cupcakes and placed them in 2 rows. Each row had 3 cupcakes. How many cupcakes did Julie make?*

Time Allotment: 20 minutes



SOCIAL STUDIES



HEALTH/PHYSICAL EDUCATION



FINE ARTS

Health

[Slow it down](#)

Find a comfortable seated position. Take a big deep breath in through your nose and exhale out your mouth. Do this 3 times in the morning and 3 times in the afternoon! **Time allotment:** 10 minutes

Physical Education

Old Town Road [KIDZ BOP](#) Dance Party in your living room.

Make your own dance routine to Old Town Road

Time allotment: 20 minutes



LECTURA



MATEMÁTICAS



CIENCIAS

Lean [Cartel de // e y](https://bit.ly/2UUZyXH). <https://bit.ly/2UUZyXH>

Doblen un papel en dos (verticalmente) y pida al estudiante que cree un cartel con dos columnas, una para palabras con // y otra para las palabras con y. Escriban las palabras en la columna correspondiente.

Pidan al estudiante que invente oraciones con tres de estas palabras. (Si lo desean pidan al estudiante que las escriba en su cuaderno).

Tiempo asignado: 20 minutos



ESTUDIOS SOCIALES



SALUD/EDUCACIÓN FÍSICA



ARTE

|| Salud

 [Relájate](#)

Sentados, encuentren una posición cómoda. Inhalen profundamente a través de _____ z



LECTURA

MATEMÁTICAS

CIENCIAS





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FINE ARTS

Health

[Brush Those Teeth](#)

Practice brushing your teeth. Make sure you brush your teeth in the morning and before bed. Why is brushing your teeth important?



LECTURA




MATEMÁTICAS



CIENCIAS

(Este día las respuestas a las preguntas las harán en inglés).

 Lean o escuchen un poema como [Bear Grooming](https://bit.ly/2yDIufW).
<https://bit.ly/2yDIufW>
 Pidan al estudiante que escuche con atención para encontrar palabras que ayudan al lector a imaginarse lo que pasó. Pregunten: *¿Hay detalles que te ayudan a ver mejor en tu cabeza lo que pasó? ¿Hay detalles que te ayudan a imaginar cómo olían, se veían, se sentían o sabían las cosas?*

Posibilidad de ser calificado

Pidan al estudiante que escriba una lista de cuatro adjetivos o detalles que escucharon en la historia que les ayudaron a imaginársela mejor.



ESTUDIOS SOCIALES



SALUD/EDUCACIÓN FÍSICA



ARTE

Salud





READING



MATH



SCIENCE



SOCIAL STUDIES



HEALTH/PHYSICAL EDUCATION




FINE ARTS

Health [Showing That You Care](#)

Write about someone you care about. Why do you care about them? What makes them important? **Time allotment:** 10 minutes

Physical Education

 [Go Noodle Kids](#) app to Get Moving! These interactive videos combine movement with mindfulness, helping kids center themselves for learning.

Dance to THREE of your favorite songs without stopping to rest

Time allotment: 20 minutes

Music

Create four rhythm flashcards that each have **four beats** - You can use notebook or construction paper and a pencil.

TA (quarter note) = 1 beat

TI TI (eighth notes) = 1 beat





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FINE ARTS

Health

Take a moment today and show how thankful you are for members of your family. Write a short note to say "Thank You" to 1-2 family members. **Time allotment: 10 minutes**

Physical Education

 **HIIT**, or high-intensity interval training, is a workout that combines intense bursts of exercise and short, active recovery periods.

Create your own high intensity interval training routine. Do as many exercises you can think of in a row and increase the amount of time you do them.

Potential Grade: Explain how this activity is good for your body. **Time allotment:** 20 minutes

Theatre



Sometimes, actors have to tell stories without talking! Watch this example: [Charlie Chaplin Example](#)

Can you act out a story without talking? Use your whole body to pantomime, or act without talking, your morning routine.

Potential Grade

Potential Grade

